

Sierra Grande Return to Practice Protocol

Matt Lucero, Athletic Director, Sierra Grande High School

Any changes to social distancing practices at the state or county level that could change these guidelines will be communicated to each program in a timely manner.

1. Limit group sizes
2. One coach per 9 athletes
3. Never intermingle – Coaches and athletes must maintain a 6 ft. distance between each other.
4. Disinfect equipment before, during and after all practices
5. Maintain separate water access (bring own water bottles)
6. No spectators or parents at practices
7. No shared equipment – each must have their own ball until further notice.
8. Sanitation products should be available: disinfectant and hand sanitizer.

If at any time these guidelines are not being followed, you will be putting the program and school district at risk of losing this privilege.

Phase 1

June 2nd – 23rd – Coaches can meet with players in groups of 9, 10 total. General fundamental skills that include not contact.

Phase 2

June 24th – July 15th – Group size can increase to 12 – 15 people. Start implementing full scrimmages with social distancing as much as possible. Preparing for scrimmages and getting ready for your season.

Phase 3

July 16th – August 1st – May meet with full teams and prepare for season.

- It is up to the coaches to follow recommendations and make sure everyone is safe. Also, understand, this is subject to change and could be cancelled at any time.
- Official practices will begin on August 10th for volleyball, Cross Country, and football. We are back under CHSAA control then. CHSAA will make the final call concerning the seasons.

Sierra Grande Athletics

I _____ student athlete voluntary plan on attending summer camps at Sierra Grande High school. As in all athletic competition, students and parents must assess the risks involved in such participation and make their own choice to participate in spite of those risks, including COVID-19.

By granting permission for your student to participate in summer sports, you, the parent or guardian, acknowledge that such risks exist.

By choosing to participate, you, the student, acknowledge that such risk exists.

Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment. At this time, the coaches will try to limit contact as much as necessary and provide a safe and healthy learning environment.

By signing below, you the parent or guardian release Sierra Grande School District and its coaches of all liability while attending summer camps.

Parent/Guardian: _____ ***Date:*** _____

Student: _____ ***Date:*** _____

Dates are subject to change due to Governor's orders!